

**The New Mexico Dental Hygienists' Association**  
**Super CE Saturday Program**  
**March 26, 2022**



**8:30 - 9:30 am**

***New Guidance for Infant Feeding: Solving the Mystery of Food Allergy Prevention***



The prevalence of food allergy continues to rise, with many at risk for anaphylaxis. Pregnant women and families with young children need guidance to help them navigate through the oral health care challenges and barriers faced when introducing allergens early. There is new guidance for infant feeding recommendations regarding the prevention of food allergy. This course will provide practical advice that you can share with your patients for food allergy prevention along with oral care, positively impacting their overall health and well-being.

**Ellen Karlin, MMSc, RDN, LDN**, is a nutrition consultant with vast personal and professional knowledge in nutrition, food allergy and dental health. She was a nutrition consultant to dental healthcare professionals in Owings Mills, Maryland and at the Comprehensive Asthma and Allergy Center for over 30 years. Ellen holds a Master of Medical Science degree in nutrition education from Emory University. She became a fellow of the American Dietetic Association in 1999. Ellen is a spokesperson for the American Dairy Association North East and a nationally recognized speaker. She is the co-author of "Dental and Oral Considerations in Pediatric Celiac Disease" published in J Dent Child, May 2016. Ellen has contributed to a variety of other resources, including "Trendy Diets and Oral Health" published in Access Journal, December, 2019.

**<<< 9:30 - 9:45 pm Break >>>**

**9:45 - 11:45 am**

***Integrating Lasers Into Dental Hygiene Practice***



Dental lasers continue to advance the practice of dentistry and dental hygiene by transforming traditional procedures with new innovative technology. This clinical course gives dental professionals a background on dental lasers and how to integrate laser assisted procedures into the practice of dental hygiene.

Learning Objectives:

**Alyssa Delgado, RDH, MSDH**, lives in Mankato, MN and earned her Master's of Science in Dental Hygiene from the University of New Mexico. With almost 11 years of experience in the dental field, she has an immense passion for dental health that continues to grow with each year. She is very involved in the local, state and national levels of the American Dental Hygienists' Association and has written several articles published in RDH Magazine and Access Magazine. She currently works as an Assistant Professor of dental hygiene at Minnesota State University, Mankato as well as working clinically part time. Alyssa has a desire to influence and inspire dental professionals around her with the latest evidence based research and new technologies to enhance the practice of dental hygiene and help all hygienists advocate for themselves and their patients.

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<<< 11:45 - 12:00 pm Break >>>

<<< 12:00 - 12:30 pm General Membership Meeting and Updates >>>



**12:30 - 2:15 pm**

***Recognizing Facial and Oral Lesions for Referral***

Dental Hygienists are in an ideal position to detect suspicious skin lesions of the face and neck areas of patients. In this course you will learn to better recognize benign and malignant lesions around the mouth; identify rashes that may occur on the face, the tongue and in the oral cavity.

**Charles M. Phillips, MD, FAAD** is a 1983 graduate of the University of Texas Health Sciences at San Antonio. He served as the Division Chief of Dermatology at the Brody School of Medicine, East Carolina University, 2007 - 2020. He is a Fellow of the American Academy of Dermatology. Dr. Phillips has published many articles and presented nationally. He is currently the Staff Dermatologist at the Raymond Murphy VA Hospital in Albuquerque and a clinical Professor of Dermatology at the University of New Mexico Health Sciences Center.

<<< 2:15 - 2:30 pm Break >>>



**2:30 - 3:45 pm**

***Infection Control During COVID***

Review the latest CDC and other guidelines for infection control during COVID.

**Catherine Sovereign, RDH, RDN, MS** holds MS and BS degrees in Nutrition/Dietetics as well as AS and BS degrees in Dental Hygiene from UNM. She completed a dietetic internship and is a licensed Registered Dietitian Nutritionist (RDN). As an RDH, she has worked in a periodontal practice and then as part time faculty at the UNM Division of Dental Hygiene. Catherine is a past president of NMDHA and serves on the Council of Regulation and Practice.

**Membership Matters!**

Let's advance together for a **Braver, Brighter, Better** future. Being a professional member is your opportunity to help plan that future.

To become a member and view membership benefits, visit <https://www.adha.org/why-join>.  
NMDHA welcomes your questions at [NMDHADropbox@gmail.com](mailto:NMDHADropbox@gmail.com)